

## **BOARD OF DIRECTORS – VOLUNTEER**

Are you interested in joining an organization that can provide:

- Opportunities to support an organization that provides life-changing mental health care, Violence Against Women services, individual, couple and family therapy and help for vulnerable individuals in crisis
- Governance and leadership experience in a dynamic not-for-profit social services agency
- Opportunities to collaborate with other dedicated and knowledgeable professionals
- A place to build and expand your professional network
- The chance to contribute to exceptional, data-driven social service outcomes

If you answered "yes" to any or all of the opportunities above...

Catholic Family Services of Toronto (CFST) is currently recruiting 2 – 4 individuals to join our Board of Directors to be elected at the Annual Meeting on June 10, 2025.

For more than 100 years CFST has been helping people from all religious, cultural, and ethnic backgrounds address a variety of life transitions, challenges, and losses to move towards a more fulfilling and independent future. CFST delivers professional and accessible services that strengthen the health, well-being, and safety of individuals, couples and families.

CFST is a non-profit, charitable organization reflecting the Catholic values of compassion and social justice for all members of society. As a leader in the Catholic social service community, CFST works closely with the Archdiocese of Toronto and its parishes, as well as the broader community and social service sector in Toronto.

If you are looking for a place to connect, share your talents, and to make a difference in the lives of many, this is a great opportunity for you to get involved!

# Responsibilities

CFST Board members are responsible for:

- Providing strategic leadership to CFST by:
  - > establishing the long-term direction and vision;
  - monitoring and evaluating the implementation of the strategic plan;
  - > overseeing the financial health of the organization; and

- providing business and governance oversight to inform major organizational decisions.
- Representing CFST with dedication and passion
- Keeping informed about the Agency operations, programs and services, and its community networks
- Supporting the fundraising activities of the Agency

We welcome applications from individuals who have experience and expertise in: board governance and leadership, financial management / accounting, human resources, the non-profit sector, public, media or government relations, policy development, leadership in the areas of counselling, mental health, and violence against women programming, or community outreach.

# At this time, the Board is in particular need of individuals with expertise in:

- Fundraising and event planning
- Current trends in IT/technology applications
- Legal / compliance
- PR / Communications

Previous Board experience not a mandatory requirement.

While we welcome applications from individuals with lived experience related to the service areas of the Agency including <u>past</u> clients, we do not accept applications from <u>current</u> CFST clients.

#### The Commitment

Board members are elected for a three-year term, and may hold the office for up to three (3) consecutive terms. During their term(s), Board members are expected to:

- Attend 8 Board meetings per year
- Participate in at least one of the Board standing committees
- Commit to approximately 5 hours per month for meetings and preparation time

## **How to Apply**

If you are interested in applying to be become a CFST Board member, please send a cover letter and a copy of your resume to <a href="mailto:info@cfstoronto.com">info@cfstoronto.com</a> by <a href="mailto:Monday">Monday</a>, <a href="mailto:February">February</a> 10, 2025.

We thank all applicants for their interest in Catholic Family Services of Toronto. However, only candidates selected for an interview will be contacted.